

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>September cont'd 30</p> <p>8:00 ♥ Breakfast [B] 9:30 ☆ News &amp; Coffee 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 📍 Walk around the Block 12:00 🦋 Lunch [B] 1:00 ☆ Gospel Music 5:00 ♥ Dinner [B]</p>	<p>AMARA PLACE</p>	<p>📍 Be Adventurous 🚩 Be Challenged 🗨️ Be Connected 👨‍👩‍👧‍👦 Be Family ★ Be Inspired 🦋 Be Social ♥ Be Well</p>	<p><b>Location Keys</b></p> <p>Bistro B Clubhouse CH Front Porch FP Library L Party Bus PB Spa S Vibrant Life Room VL</p>	<p>"Alleged 'impossibilities' are opportunities for our capacities to be stretched" ~ Charles Swindoll</p>	<p><i>Be sure to get and share the nice about a</i></p>	<p>8:00 ♥ Breakfast [B] 9:30 ☆ News &amp; Coffee 10:30 ☆ Bible Study w/ Ms. Pat [L] 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 📍 Walk around the Block 12:00 🦋 Lunch [B] 5:00 ♥ Dinner [B] 6:00 🦋 Family Time Conversations [B]</p>
<p>8:00 ♥ Breakfast [B] 9:30 ☆ News &amp; Coffee 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 ♥ Walk around the Block 12:00 🦋 Lunch [B] 1:00 ☆ Gospel Music 5:00 ♥ Dinner [B] 6:00 👨‍👩‍👧‍👦 Family Time Conversations [FP]</p>	<p>Jeanie's Labor Day 8:00 ♥ Breakfast [B] 10:00 🦋 Salon with Teresa [S] 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 📍 Walking Club Meeting [VL] 12:00 🦋 Lunch [B] 1:30 🎮 Mexican Train Game [CH] 3:00 ☆ Community Sing [B] 5:00 ♥ Dinner [B] 6:00 ☆ Bible Reading with Sharon [VL]</p>	<p>8:00 ♥ Breakfast [B] 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 🗨️ Tuesday's with Friends [PB] 12:00 🦋 Lunch [B] 1:00 ☆ Coloring Club [VL] 2:00 🎮 Scrabble [CH] 2:30 ☆ Trivia [CH] 3:30 BINGO w/ Ms. Pat [B] 5:00 ♥ Dinner [B] 6:00 📽 Movie Night</p>	<p>8:00 ♥ Breakfast [B] 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 ☆ Bible Verses w/ Vickie [L] 12:00 🦋 Lunch [B] 1:00 📍 WAL-MART [PB] 3:30 🎮 Resident Activity Meeting [VL] 4:00 🎮 Puzzle Time [VL] 5:00 ♥ Dinner [B] 6:00 ☆ Bible Reading with Sharon [VL]</p>	<p>Library Comes to Visit 8:00 ♥ Breakfast [B] 10:30 ♥ Chair Yoga 12:00 🦋 Lunch [B] 1:00 🎮 Crossword Puzzle Time [VL] 3:00 🗨️ Kindness Postcards [VL] 3:30 🎮 Scrabble [CH] 4:00 🎮 Trivia [CH] 5:00 ♥ Dinner [B]</p>	<p>8:00 ♥ Breakfast [B] 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 12:00 🦋 Lunch [B] 1:00 ☆ Singing with Pam [B] 1:30 🎮 Mexican Train Game [CH] 1:30 🦋 Pretty Nails [VL] 3:30 🎮 BINGO w/ Ms. Pat [B] 5:00 ♥ Dinner [B] 6:00 ☆ Bible Reading with Sharon [VL] 6:00 📍 Ice Cream Out! [PB]</p>	<p>8:00 ♥ Breakfast [B] 9:30 ☆ News &amp; Coffee 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 ♥ Walk around the Block 12:00 🦋 Lunch [B] 5:00 ♥ Dinner [B] 6:00 🦋 Family Time Conversations [B]</p>
<p>National Assisted Living Week 9 8:00 ♥ Breakfast [B] 9:30 ☆ News &amp; Coffee 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 ♥ Walk around the Block 12:00 🦋 Lunch [B] 1:00 ☆ Gospel Music 5:00 ♥ Dinner [B]</p>	<p>National Assisted Living Week 10 8:00 ♥ Breakfast [B] 10:00 🦋 Salon with Teresa [S] 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 📍 Walking Club Meeting [VL] 12:00 🦋 Lunch [B] 1:30 ♥ Did You Know Game [B] 1:30 🎮 Mexican Train Game [CH] 3:00 ☆ Community Sing [B] 5:00 ♥ Dinner [B] 6:00 ☆ Bible Reading with Sharon [VL]</p>	<p>National Assisted Living Week 11 8:00 ♥ Breakfast [B] 8:00 🦋 Waffle Breakfast [B] 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 12:00 🦋 Lunch [B] 1:30 🗨️ K-9 visits with Sheba [B] 2:00 🎮 Happy Hour/Karaoke [CH] 2:00 🎮 Scrabble [CH] 3:30 BINGO w/ Ms. Pat [B] 5:00 ♥ Dinner [B]</p>	<p>National Assisted Living Week 12 8:00 ♥ Breakfast [B] 9:30 ☆ Coloring Club [VL] 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 ☆ Bible Verses w/ Vickie [L] 12:00 🦋 Lunch [B] 1:00 📍 WAL-MART [PB] 3:30 🎮 Trivia [CH] 5:00 ♥ Dinner [B] 6:00 ☆ Bible Reading with Sharon [VL]</p>	<p>National Assisted Living Week 13 8:00 ♥ Breakfast [B] 9:30 🦋 Staff Appreciation Breakfast [B] 10:30 ♥ Chair Yoga 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 🎮 Corn Hole [B] 12:00 🦋 Lunch [B] 2:00 🎮 Paint Class with Lori [CH] 3:30 🎮 Scrabble [CH] 4:30 📍 Happy Hour Out! [PB] 5:00 ♥ Dinner [B] 6:00 🦋 Family Time Conversations [VL]</p>	<p>National Assisted Living Week 14 8:00 ♥ Breakfast [B] 10:00 📍 Shopping Out [PB] 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 🎮 Puzzle Time [VL] 12:00 🦋 Lunch [B] 1:30 🎮 Mexican Train Game [CH] 1:30 🦋 Pretty Nails [VL] 3:30 BINGO w/ Ms. Pat [B] 5:00 ♥ Dinner [B] 6:00 ☆ Bible Reading with Sharon [VL]</p>	<p>National Assisted Living Week 15 8:00 ♥ Breakfast [B] 9:30 ☆ News &amp; Coffee 10:30 ♥ Mind, Body &amp; Spirit EXERCISE [VL] 11:00 📍 Walk around the Block 12:00 🦋 Lunch [B] 5:00 ♥ Dinner [B] 6:00 🦋 Family Time Conversations [B]</p>
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